

MULTNOMAH ART CENTER

SUPPLY LIST FOR NATURE JOURNALING updated May 2024

Jude Siegel, Instructor

Welcome! I look forward to working with you in class. Please read this carefully, and if you've questions or concerns, contact me at colorfuljude@gmail.com. I am happy to help you, before you shop, so you get the right stuff. I want my students to have professional quality supplies, so you aren't frustrated by cheap materials. It makes a difference!

IF you shop at Merri Artist, Artist and Craftsman, or Columbia, ask for the student discount, and show this supply list. They are the stores I recommend.

* it will be most helpful if you show them this list.

Please bring to class, in a portable bag (we do go outside some days, weather permitting!):

~ snacks or lunch, and a water bottle.

• **Journal:** This is the format we work with. A journal will be easy to carry, to use in class, and to work in.

Either make your own with Arches 140# coldpress, by getting a full sheet, 22 x 30" and cutting it to the size you want (I can help you do this on day 1 of class), OR Find an already bound journal with at least 90# paper, to accept watercolors decently. Size, about 8.5x11 (Not much smaller, you will need the space)

Examples: Strathmore 400 series, Handbook, Moleskine, or the inexpensive Canson XL Mixed Media sketchbook, available at most art stores.

• **Sketchbook:** Some people like to bring a sketchbook, in addition to the journal for painting in, for notes and warm up exercises. Others do everything in the same journal. Your choice.

• **Watercolors:** Please read this carefully. It will save you time, money and frustration. When you do not know about paints, or what the teacher wants, it is confusing, and the options online and in stores are frankly, often unacceptable!

If you do not have good professional quality watercolor paints already, in a small travel paintbox that hinges shut, please let me know before class, and I will discuss options with you. If you are not sure, about what quality you have, I can help determine that. Please avoid buying watercolor paints, already in a paintbox, they will not serve well. This includes the sets that art stores carry. The quality and the color selection are inadequate. Please do not buy these, even if someone recommends them! I do not.

I have suggestions for a good paintbox. Please email me for details. (colorfuljude@gmail.com)

IF you do buy a set of paints, please keep the receipt, and do not open the box. You will most likely be returning them, after the first class.

I will cover paints in the first class, and will have some paintboxes you can use for that day. Please let me know if you will need one, ahead of first class!

If you are determined to buy paints, then please get a small tube of the following Daniel Smith professional watercolors:

New Gamboge, Quinacridone pink, French Ultramarine and Sap Green. Also get an empty travel palette, one that hinges shut.

Those basic colors will get you through.

- **Brush:** Again, quality matters! A #10 watercolor round: Princeton makes a decent one. (Heritage series, red wood handle.) Again, if unsure, come to class. I will loan one for the first day.
- **Waterproof Pen:** Pitt pens, med or fine, Pigma Microns .05, or many others. Check for waterproof/permanent on pen. You may also use a fountain pen with waterproof ink if you like them.
- **Pencil and Eraser:** #4B graphite woodless pencil is nice and soft, for sketching.
- **A Kneaded eraser** works well.
- **Rag:** terrycloth or cotton towel, cut to washcloth size. Avoid synthetic fabrics, they do not work well for watercolor.
- **Containers for water:** 3 small, small yogurt size or small food containers.
- **Tissues**
- **Plastic bag for wet things**
- **Piece of wax paper or parchment**, tucked into your journal, for page protection.