

MULTNOMAH ART CENTER
SUPPLY LIST FOR NATURE JOURNALING
Jude Siegel, Instructor

Welcome! I look forward to working with you in class. Please read this carefully, and if you've questions or concerns, contact me at colorfuljude@gmail.com . I am happy to help you, before you shop, so you get the right stuff. I want my students to have professional quality supplies, so you aren't frustrated by cheap materials. It makes a difference!

IF you shop at Merri Artist, Artist and Craftsman, or Columbia, ask for the student discount, and show this supply list. They are the stores I recommend.

Please bring to class, in a portable bag (we do go outside some days, weather permitting!):

- **Journal:** Either make your own with Arches 140# coldpress, by getting a full sheet, 22 x 30" and cutting it to the size you want (I can help you do this on day 1 of class), OR Find an already bound journal with at least 90# paper, to accept watercolors decently. Size, about 5 x 8" or larger. Examples: Strathmore 400 series, Handbook, Moleskine, or the inexpensive Canson XL Mixed Media sketchbook, available at most art stores.
- **Sketchbook:** Some people like to bring a sketchbook, in addition to the journal for painting in, for notes and warm up exercises. Others do everything in the same journal. Your choice.
- **Watercolors:** Please bring a small travel paintbox (one that hinges closed) with good quality watercolors. If you do not have good paints already, please let me know before class, and I will discuss options with you. If you are not sure, about what quality you have, I can help determine that. Please avoid buying cheap paints, they will not serve well. I have suggestions for a good paintbox. Just email me for details.
- **Brush:** A #10 watercolor round: Princeton makes a decent one. Heritage series, red wood handle.
- **Waterproof Pen:** Pitt pens, med or fine, Pigma Microns .05, or many others. Check for waterproof/permanent on pen. I like Uniball Vision elite, light gray with black "fisheye" on top, too. (however, they leak on planes!) You may also use a fountain pen if you like them.
- **Pencil and Eraser:** #4B graphite pencil is nice and soft, for sketching.
- **A Kneaded eraser** works well, or regular will do.
- **Rag:** terrycloth or cotton towel.
- **Containers for water:** 3 small, like small yogurt size.
- **Tissues**
- **Plastic bag for wet things**
- **Piece of wax paper or parchment,** tucked into your journal, for page protection.