

Alla Prima PORTRAIT PAINTING

Materials List

Instructor: Eduardo Fernandez

MAC _ Summer 2017

I. Colors: Oil, Water-soluble Oil or Acrylic

A. Limited Palette - is recommended to learn the basics of color mixing, mixing flesh tones and for creating color harmonies. Also known as the Zorn palette named after master painter Anders Zorn. It's a great palette for portraits whether you're a new or experienced painter.!

- Titanium White
- Yellow Ochre
- Cadmium Red Light
- Ivory Black

B. Full Color or Chromatic Palette (optional) - If you have experience painting then using a warm/cool versions of each primary color will enable you to create almost any color and expand your options. Earth colors like yellow ochre, raw sienna or burnt sienna can be added to make your chromatic painting palette and make it more versatile.

- Titanium White
- Cadmium Yellow Light
- Cadmium Orange Light
- Cadmium Red Medium
- Alizarin Crimson
- Ultramarine Blue
- Pthalo blue

II. Stretched Canvas or Panels:

- Professional grade stretched canvas or panels varying in size from 16 x 20, 18 x 24 or 20 x 24.
- Alternative: For studies I use canvas cut from a roll and tape it to foamboard sized 1" larger than the size canvas that I want to work in. Foamboard is lightweight & easy-to-cut. Paintings are easy to store in a portfolio once their dry.

Professional grade supports do not need additional gesso. If you decide to use student grade canvas or pre-cut canvas pads then applying one or two coats of acrylic gesso prior to the workshop is highly recommended!

III. Brushes:

- There are a variety of brush styles but a **Filbert** is most versatile: hog hair or synthetic equivalent. A basic set includes the following sizes: **#2, 4, 8, 12 & 16.**

Dick Blick has a nice summary and chart of brush types that can be downloaded as a PDF:

<http://www.dickblick.com/info/brushmeasurement/>

IV. Brush Cleaners & Cleaning Supplies

- Safflower oil from the supermarket makes an excellent and inexpensive solvent free cleaner.
- Paper towels.
- Baby wipes (great for cleaning palette and general cleaning).
- Small plastic grocery bags for refuse.

The policy at PNCA is to use solvent free cleaners only. For more information about studio safety and cleaners please read Gamblin's Studio Safety:

www.gamblincolors.com/studio.safety/index.html

V. Painting Mediums:

- Liquin, Solvent-free Gel by Gamblin, or a basic versatile homemade medium of 2/3 odorless mineral spirit and 1/3 linseed oil in a plastic container.
- There are a variety of formulas for mediums. Experimentation is encouraged.
- No Turps or other strong aromatics.

VI. Other Essentials:

- Non breakable container** to hold solvent for cleaning your brushes.
- Mixing Palette:** 11 x 14 or larger size only.
- (2) Palette cups to hold medium.
- A view finder & value scale.
- Artist tape.
- Sketchbook, drawing pencils & eraser.
- Optional:** Canvas or panel carrier. I use inexpensive canvas clips to protect and transport paintings on stretched canvas.
<http://www.jerrysartarama.com/discount-art-supplies/canvas-and-boards/canvas-carriers/wet-canvas-carrying-clips.htm>