

WORKSHOP- CREATIVITY SPLURGE

ABOUT / TANMAYA BINGHAM/

Born in Washington DC, Tanmaya Bingham was raised in the artistic community of Santa Fe, NM. Her travels and extended residencies in Asia, Africa, Australia and Europe have been essential to the development of her creative practice. Bingham's hand drawn and painted artworks combine realistically rendered subjects in otherworldly contexts with an oblique or unusual frame of reference.

Bingham has been exhibiting both nationally and internationally for over a decade in places like New York, Santa Fe, Australia and Hong Kong.

Academically, Bingham has a Bachelor of Arts (BA) from Antioch University, Santa Barbara, CA and a Masters of Arts, Visual Arts (MAVA - equivalent to a Masters of Fine Art - MFA) from the Australian National University in Canberra, ACT. She has also studied painting and art history in Florence, art and architecture in Paris, and 3D digital modeling and sculpting in London and Vancouver, BC.

In addition to Bingham's own practice, she has managed galleries and art fairs, worked with private art dealers and mentored other artists. Collectively, her extensive arts education and industry experience have provided her with a deep understanding of what it means to be an artist in the 21st century.

SYLLABUS/

- **COURSE DESCRIPTION/** CREATIVITY SPLURGE- Anything is possible

Playfully explore creativity in this exciting four-day intensive workshop. Through fun exercises and facilitation you will develop different skills, tools and methods that will enable you to tap more deeply into your creative flow. You will create your own process-driven imagery through the exploration of different mediums such as acrylic paint, colored pencil and charcoal. Perfect for the budding and established artists wanting to tap into their creative voice.

- **OBJECTIVE/**

Gain a deeper insight into your own creative journey.

- **INSTRUCTION/**

Workshop will have a blend of theory, exercises, play, implementation and supportive critiques. Each day will have a 30min lunch break and one 10min breaks.

OUTLINE/

- **DAY 1/**
 - o Theory/ Intro and creativity
 - o Exercise/ Visualization
 - o Play/ Creative Exercise (graphite pencil)
 - o Implementation/ Personal Project (mixed media)

- **DAY 2/**
 - o Exercise/ Visualization
 - o Play/ Creative Exercise (graphite pencil)
 - o Implementation/ Personal Project (mixed media)

- **DAY 3/**
 - o Exercise/ Visualization
 - o Play/ Creative Exercise (graphite pencil)
 - o Implementation/ Personal Project (mixed media)

- **DAY 4/**
 - o Exercise/ Visualization
 - o Play/ Creative Exercise (graphite pencil)
 - o Implementation/ Personal Project (mixed media)

RESOURCES:

<https://www.youtube.com/watch?v=4bHO8NZwmlg>

MATERIALS/

WHERE TO BUY/

Course materials can be purchased at any larger Art Supply Store.

PLEASE- if you don't find the exact product buy a similar one- as it is about you the creator not the materials.

Artist and Craftsman

3393 SE 21st Ave

Portland, OR 97202

503.236.0099

<http://www.artistcraftsman.com>

BLICK ART MATERIALS

1115 NW Glisan St, Portland, OR 97209

503.223.3724

<https://www.dickblick.com/stores/oregon/portland/>

DRAWING MATERIALS/

- **1x Strathmore Mixed Media Pad, 15 Sheets 9" x 12"**
<https://www.dickblick.com/products/strathmore-400-series-mixed-media-pads/>
- **2x 2HB Pencils-** (yes, the standard yellow pencil used in school!)
- **1x Hand-Held Pencil Sharpener**
https://www.dickblick.com/search/?q=hand-held%20pencil%20sharpener&unbxid_x=0&unbxid_y=0&unbxid_sp_cs=UTF-8&unbxid_s=unbxid
- **1x Alvin Vinyl Eraser**
<https://www.dickblick.com/products/alvin-vinyl-eraser/>
- **1x Prismacolor Colored Pencil Set**
Prismacolor makes many different sets of colored pencils. Get an Assorted colored pencil set that has 12 to 24 pencils. If you already have colored pencils please make sure you have a range of colors and at least 12.
<https://www.dickblick.com/products/prismacolor-colored-pencils-and-sets/>

PAINTING MATERIALS/

- **1x Richeson Plein Air Travel Brush Set**
Each of the high-quality golden synthetic brushes in the set have short handles and are perfect for water media. The seven-brush set includes three Flats (Sizes 1/4", 1/2", and 3/4""), and four Rounds (Sizes 2, 4, 6, and 8).
<https://www.dickblick.com/products/richeson-plein-air-travel-brush-set/> (if you are unable to find this set please get all the brush types and sizes listed in the set description.)
- **1x 2in Flat large painting brush (Hardware Store)**
I just want you to have a large brush- so if you already have one for house painting at home bring that.
<https://www.homedepot.com/p/Premier-2-in-Flat-Polyester-Chip-Brush-24-Pack-H2653-20/300333393>
- **1x Studio Blick Studio Disposable Palette Pad (50 Sheets for water-based medium)**
<https://www.dickblick.com/products/blick-studio-disposable-palette-pads/>
- **1x Set of ten .5 oz (15 ml) bottles of Golden Fluid Acrylic Paint**
It includes Burnt Sienna, Carbon Black, Hansa Yellow Medium, Phthalo Blue (Green Shade), Phthalo Green (Blue Shade), Pyrrole Red, Quinacridone Magenta, Titanium White, Ultramarine Blue, and Yellow Oxide in 1 oz (30 ml) bottles. If you already own Acrylic paints please bring them in and just make sure you have a range of colors and a black and white.
<https://www.dickblick.com/products/golden-fluid-acrylics/>
- **1x MDF sheet 1/2in thick 2x4ft** (Hardware Store- Home Depot)

<https://www.homedepot.com/p/1-2-in-x-2-ft-x-4ft-Medium-Density-Fiberboard-1508108/202089097>

MISC/

- **2x glass jars** for water
- **2x rags**
- **1x roll double sided tape**
- **1x pair of scissors**
- **1x box of disposable rubber gloves**
- **1x Smocks**